



We choose to source our ingredients organic and local whenever possible. we soak and dehydrate all of our nuts and seeds for optimal nutrition.

V: Vegetaian VG: Vegan GF: Gluten Free DF: Dairy Free

BREAKFAST PASTRIES

(baked fresh daily)

CROISSANT	5
PAIN AU CHOCOLATE	6
ALMOND CROISSANT	6
MOCHA DANISH	6
RASPBERRY MUNSTER DANISH	6
MEYER LEMON DANISH	6

BREAKFAST

(served from 6:30-11am M-F, 6:30-10am SA-SU)

CHIA BOWL (V,VG)

coconut milk, seasonal fruit, wolf berries,
ancient grains granola, cocoa nibs 13

JUNGLE BOWL (V)

fresh fruits, ancient grains granola, coconut,
almond butter, wolf berries, bee pollen 14

AVO TOAST (V,VG)

grilled sprouted rye, lox, radish, pickled onions,
togarashi, soft herbs, furikake 11

SEASONAL QUICHE (V,GF)

kale, butternut squash, nutmeg 12

WHOLE GRAIN PORRIDGE (VG,GF)

2 poached egg, roasted mushrooms, parmesan 12



<u>SOURDOUGH MATCHA HOTCAKES (V)</u>	
berries, farmstead butter, Roxbury Mountain maple syrup	13
<u>SHAKSHUKA (V)</u>	
farm eggs, stewed tomatoes, kale, black olives, house made yogurt, sourdough, harissa	14
<u>SHITAKE OMELET</u>	
<u>(change mushroom)</u>	
Frère Fumant cheese, spinach: choice of toast (rye, multigrain)	14
<u>PRESSED EGG SANDWICH</u>	
soft scrambled eggs, whole wheat, kale, breakfast sausage, tomato jam, avocado, cheddar, pickled jalapeno	14
<u>EDEN BOWL (V)</u>	
poached eggs, ancient grains, smoked potatoes, black garlic, pickles, romesco	15
<u>FARM EGGS + HASH (GF)</u>	
olive oil fried eggs, magda squash hash, piri piri, avocado, greens, grilled rye	13

ADD ONS:

grilled breakfast sausage or chicken sausage	6
Nueske's bacon	7
soft scrambled or fried eggs	6
sprouted ancient grains granola, house yogurt	6
maaitake hash	8
assorted market fruit	8
grilled sourdough	5

All sources of meat used in EDEN are cruelty free.

